



Get Fit. Get Fiscally Fit.

2017 UCSD Financial Literacy Workshop Series!

Attend 4 Different Workshops and Receive a Free UCSD T-Shirt!

Reservations are not necessary. Seating and food are available on a first-come, first-served basis.

Attendance will be monitored to determine your eligibility for a free UCSD t-shirt.

Creating a Spending Plan (Budgeting)

Monday April 10th - 11:00am to 12:00 noon

The Bear Room – PC West

A Budget? What is it? Why is it important to embrace a budgeting lifestyle?

Presented by the San Diego Financial Literacy Center

FREE LUNCH!

Getting Fiscally Fit, Not Later, But Now!

Thursday April 13th - 3:00pm to 4:00pm

Multi-Purpose Room, 1st floor Student Services Center

Delve into the world of managing cash with purpose; Create a financial plan to live by; Learn how to get out of joy sucking debt; Learn about why our behavior is responsible for the financial choices we live with; Y.A.H.O.O.'ing with student loans!

Presented by the Society of Financial Awareness

FREE LUNCH!

Stress...The Contagion to Your Financial Wellness

Monday April 17th - 2:00pm to 3:00pm

Thurgood Marshall Room – Price Center

Find out how debilitating stress can be on living a worry-free financial existence; Learn about the detrimental effects stress causes on your body; Why exercise, eating right and getting a good night's sleep play a significant health role; Find out why the choices we make in life with our health and our money stay with us forever!

Presented by the Society of Financial Awareness

FREE LUNCH!



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Understanding Credit

Tuesday April 18th - 10:00am to 11:00am

The Bear Room – PC West

What is credit? How does it work? Do I really need a credit card? How do I take care of a credit card?

Presented by the San Diego Financial Literacy Center

FREE BREAKFAST!

Repaying Student Loan Debt

Tuesday April 25th - 6:00pm to 7:00pm

Multi-Purpose Room, 1st floor Student Services Center

When are my student loans due? Learn about the many different repayment plans for your student loans

Learn about loan forgiveness and tips on how to pay off your student loans after graduation

Presented by the UCSD Financial Aid and Scholarships Office

FREE DINNER!

Identity Theft 101

Thursday April 27th - 2:00pm to 3:00pm

The Green Table Room - PC West

What is identity theft? How can you protect yourself from becoming a victim of identity theft? What you should do if you become a victim of identity theft?

Presented by the Identity Theft Resource Center

FREE LUNCH!

How to Build Your Savings and Plan for the Future

Tuesday May 2nd - 1:00pm to 2:00pm

The ZONE – PC West

So you want to be a millionaire? It's Possible! Come learn about the basics of important strategies regarding investing your money wisely

Presented by the San Diego Financial Literacy Center

FREE LUNCH!

Repaying Student Loan Debt

Tuesday May 16th – 1:00pm to 2:00pm

The ZONE – PC West

When are my student loans due? Learn about the many different repayment plans for your student loans

Learn about loan forgiveness and tips on how to pay off your student loans after graduation

Presented by the UCSD Financial Aid and Scholarships Office

FREE LUNCH!